

GOOD News

A Kids Newsletter from The Gospel Accessible

Kind Curious Questions

Q: What is Fragile X?

A: Every person has genes. Genes are like tiny instructions inside our bodies that help tell our bodies and brains how to grow and work. We get our genes from our parents.

Fragile X happens when there is a change in one of those genes. This change can affect the way a person's brain develops and learns.

People with Fragile X may learn some things more slowly or need extra help with things like talking, paying attention, or everyday activities. Some people with Fragile X are also more sensitive to loud sounds, bright lights, or lots of things happening at once.

Fragile X can look different from person to person. Some people may need a lot of help, while others may need only a little.

What makes you YOU?

My favorite thing to do: _____

Something I'm really good at: _____

Something that makes me laugh: _____

My favorite song: _____

Something I want to learn: _____

Something kind about me: _____

After you fill this out, maybe you can share with a friend and ask them the same questions. It is fun to learn about all the unique ways God made us!

MEET A

friend



Shawn

I have known Shawn since I was a kid. I don't remember exactly when we met because I don't remember a time when Shawn wasn't my friend!

Shawn has a disability called Fragile X syndrome. This means that even though Shawn is a grown-up, he still lives at home with his mom and needs a little extra help to stay safe and do some things.

But Shawn also has a job! He works at Walmart, and he loves his job very much. He is really good at what he does and works very hard.

Shawn is also really good at making people smile and laugh. He is kind, funny, and loves to have fun. One of his favorite things to do is sing, and if you hear a great guitar solo, you might see Shawn playing along on his air guitar!

And I can't forget about his hugs! Shawn gives some of the strongest hugs you will ever receive.

I'm so glad Shawn is my friend, and I wanted you to get to know him, too!